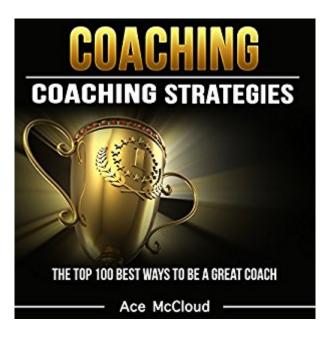


## The book was found

# Coaching: Coaching Strategies: The Top 100 Best Ways To Be A Great Coach





### Synopsis

Do you feel overwhelmed by the many demands of coaching? Do you wish you knew exactly what to do in order to help your team succeed? Whether you want to (1) improve your coaching skills, (2) build a great team, or (3) have a positive impact on your players, this audiobook will get you there. Does your coaching fall short of inspirational? I wrote this book to help coaches know exactly what they can do to help their players win on a more consistent basis. There is nothing more enjoyable than playing on a winning team that is coached by someone who is well respected. You will learn how to inspire and lead your team by doing things the pros do in order to dominate. You can grow your reputation and your influence when you are a proven and successful leader! Turn skilled individual players into a powerful team. Discover practical and proven strategies to help you see beyond the complex mix of personalities that make up your team so that you can build them into a powerful, smoothly functioning unit. Learn how to recruit the best players for your team. Knowing how to recruit properly will give you a massive advantage. This audiobook will help you focus in on key traits you want to look for in a potential member of your team. Build a team you can be proud of. Learn the coaching strategies that can help your team perform like champions. You only live once, so make the most of it! Being an integral part of a highly successful, happy, and highly motivated team is one of the great joys in life. Be a winning coach! Get your team ready to compete: buy it now!

### **Book Information**

Audible Audio Edition Listening Length: 2 hoursĂ Â andĂ Â 25 minutes Program Type: Audiobook Version: Unabridged Publisher: Pro Mastery Publishing Audible.com Release Date: April 18, 2016 Language: English ASIN: B01EBD4T12 Best Sellers Rank: #107 inĂ Â Books > Health, Fitness & Dieting > Sports Health & Safety #1109 inĂ Â Books > Audible Audiobooks > Nonfiction > Sports & Recreation #2767 inĂ Â Books > Sports & Outdoors > Coaching

#### **Customer Reviews**

It is important to have certain skills when you are a coach. A sports coach is a leader and example .

They should be able to enable players on their team to have a winning attitude, they should be able to condition them physically and mentally and to exude sportsmanship. This book tells you just how to do these things. A coach should understand what is possible and what isn't and work for achieving a dream for their team. The book helps coaches be able to use their knowledge and extend it to all the players on the team. It explains what qualities a coach should have including optimism, commitment, integrity, focus, being supportive, being decisive, being clear in words and to believe that his or her team can win. It explains how to make your reputation good and gives you some good coaches to emulate like Vince Lombardi and Bill Fitch. It also tells you how to take care of yourself in order to be in good shape for coaching. The part about forming a team, I found to be very valuable. The book explains how to help the team act as one instead of having individual personalities that may not work together. It gives you exercises to do with the team to help them. It details what you should look for when creating a team and how to recruit these players. Once you have the players, the book explains how to keep them healthy and condition them for winning. It explains diet, good dietary supplements, physical exercises and plans and more. It explains how to set goals with the help of the team and by yourself and how to reach those goals through affirmations, visualization, positive thoughts and more. It explains what to do when their is an injury. when there are surprises both good and bad and what to do if one or a few players are not performing as they should. There are so many good examples and activities in this book for a coach and the team that it is hard to put in a review. This book is a valuable tool for anyone that already is a coach or is thinking about becoming one.

Coaching is the solid foundation behind any successful team and can be defined as a training and development process that involves a supporter and the learner who is the player. Coaching focuses on teaching specific tasks and reaching specific goals. This book has talked about all the procedures involved in coaching and is a great guide for anyone wishing to coach. I have learned so much from it that will help me take my basketball team to greater heights. It talks about leadership and coaching where the coach is the leader and every decision he makes is put on display. A coach has quite a number of responsibilities that have been explained thoroughly by ace. He has also listed some essential habits of a leader that include

optimism,commitment,focus,supportive,emphasis on clarity among others that are explained. If you are a coach and want to have some helpful tips and strategies, this is the book for you. I highly recommend. Kudos Ace!

Whenever I need a book on a new subject, I always look to see if Ace has one available. This is another excellent book with tips and hints on becoming an excellent coach. It's not all about knowing how to play whatever game you are coaching, it's about relating to the players. If you want to know about a sport, you get a book on the sport. If you want to know how to coach, you get a book on coaching. I recommend this book to anyone who has plans of becoming a coach or to those who are already coaching but not doing so with ease. Unlock the door of success with this book and see your coaching skills skyrocket!

This "book" was a disappointment, particularly considering the significant high praise it has received from others. If you know little about leadership or coaching, this book might be useful to you. I purchased a hard (paper-back) copy of this book and it's clear it was only intended as an e-book, as its formatted like a print copy of a web page or a compilation of blog posts: it has no page numbers, no index, headings are printed at the bottom of some pages, and the chapters don't even start on new pages. (While I did not count, I estimate the book is about 50 pages in length.) Several "CLICK HERE" links obviously cannot be used, but would it have been too much effort to delete these? While the content of the book is generally sound, it is quite superficial and could readily be obtained using a few web searches without any financial exchange. If you are looking for a handy reference you can stick in your coaching bag and pull out when you need to jog your memory, this book might be for you. Otherwise, I would recommend a more comprehensive book on leadership, e.g. Principle Centered Leadership, The Seven Habits of Highly Effective People, The 21 Irrefutable Laws of Leadership, How to Win Friends and Influence People, Wooden on Leadership, etc.

This valuable guide is filled with tons of tips and tricks for coaches, no matter your level of experience. My favorite section of the book was "Prepare to Win", where Ace perfectly encompasses the various efforts required for winning. Reading about his methods of encouragement gets you encouraged and ready to for any coaching challenge. Highly recommend for anyone interested in coaching, whether you're a coach, a player or even a just an enthusiast.

Coaching: Coaching Strategies by Ace McCloud is a valuable guide that is loaded with tips and how-to information for both beginner and experienced coaches. I also felt that this book could also benefit players on any sport because it provides an insight to a coach's mindset. My favorite part of this book was the section on contingency planning because that is definitely an important factor of coaching that many coaches don't think about until it's too late!

This is an extremely well-written book that covers every aspect of effective coaching from building strong connections among team members to making sure they stay motivated. The clear language and organization makes the book an easy to use guide for coaches. What I really enjoy is that the book emphasizes both the physical and mental aspects of being a coach. McCloud shows that a coach does much more than simply give pep talks and yell across the field.

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